



Registrar IIT Mandi &lt;registrar@iitmandi.ac.in&gt;

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**Basic protective measures against the new Coronavirus.**

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Chander Singh &lt;dr.chandersingh@iitmandi.ac.in&gt;

Fri, Mar 6, 2020 at 1:03 AM

To: all@students.iitmandi.ac.in, faculty\_local@iitmandi.ac.in, staff@iitmandi.ac.in, campusresidents@iitmandi.ac.in, projectstaff@iitmandi.ac.in

Cc: director@iitmandi.ac.in, "Prof. S.C. Jain, Dean(I&amp;S)" &lt;deaninfra@iitmandi.ac.in&gt;, Prem Felix Siril &lt;prem@iitmandi.ac.in&gt;

Dear All,

As all of you are aware that coronavirus has become a global concern now. Few cases have also been reported in India in the last couple of weeks. The WHO has declared the outbreak to be a \* public health emergency\* of international concern.

Therefore, instead of getting panic and misguided by various social media platforms, we have to be alert and kindly follow the simple **Basic protective measures against the new coronavirus given by WHO. (attached) & GOI circular on corona virus is also attached.**

Students concerns about the common cold/general flu like symptoms/upper respiratory infection, for which they are reporting to health centre on a routine basis, can also follow these guidelines as respiratory illnesses are common in this area due to extreme temperature variation and transmits among the students quite easily due to staying in close proximity.

However now all us needs to be more cautious due to this new coronavirus, specially the vulnerable members of the community- small children, elderly people or those with existing respiratory or low immune problems and those who are in or have recently visited (past 14 days) areas where COVID-19 is spreading.

**Stay informed and follow the advice given by your healthcare provider and use three types of personal protective measures-hand hygiene, respiratory etiquette and face mask.**

**Other General measures for common cold/general flu like symptoms/upper respiratory infection.**

1. Hydrates yourself adequately. -drink a lot of hot water.
2. Take hot beverages like ginger tea with the addition of honey ,tulsi etc.
3. Gargle with salt water regularly.
4. Give adequate rest to your body-take proper sleep.
5. Avoid Hand shake.
6. Don't visit crowded places and don't fly unless necessary.
7. Seek medical attention immediately to avoid spread of infection to others.

With Warm Regards,  
Dr. Chander Singh  
MOI/C  
Health Centre

6/3/20

## **Basic protective measures against the new coronavirus by world health organization**

**Take care of your health and protect others by doing the following:**

### **Wash your hands frequently**

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

**Why?** Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

### **Maintain social distancing**

Maintain at least 1 metre (3 feet) distance between yourself and anyone who is coughing or sneezing.

**Why?** When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing has the disease.

### **Avoid touching eyes, nose and mouth**

**Why?** Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and can make you sick.

### **Practice respiratory hygiene**

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately.

**Why?** Droplets spread virus. By following good respiratory hygiene, you protect the people around you from viruses such as cold, flu and COVID-19.

### **If you have fever, cough and difficulty breathing, seek medical care early**

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of your local health authority.

**Why?** National and local authorities will have the most up to date information on the situation in your area. Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

## **Stay informed and follow advice given by your healthcare provider**

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

**Why?** National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

## **Protection measures for persons who are in or have recently visited (past 14 days) areas where COVID-19 is spreading.**

Follow the guidance outlined above.

Stay at home if you begin to feel unwell, even with mild symptoms such as headache and slight runny nose, until you recover. **Why?** Avoiding contact with others and visits to medical facilities will allow these facilities to operate more effectively and help protect you and others from possible COVID-19 and other viruses.

If you develop fever, cough and difficulty breathing, seek medical advice promptly as this may be due to a respiratory infection or other serious condition. Call in advance and tell your provider of any recent travel or contact with travellers. **Why?** Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also help to prevent possible spread of COVID-19 and other viruses.

## **How to put on, use, take off and dispose of a mask.**

- ❖ If you are healthy, you only need to wear a mask if you are taking care of a person with suspected 2019-nCoV infection.
- ❖ Wear a mask if you are coughing or sneezing.
- ❖ Masks are effective only when used in combination with frequent hand-cleaning with alcohol-based hand rub or soap and water.

If you wear a mask, then you must know how to use it and dispose of it properly.

Before putting on a mask, clean hands with alcohol-based hand rub or soap and water.

Cover mouth and nose with mask and make sure there are no gaps between your face and the mask.

Avoid touching the mask while using it; if you do, clean your hands with alcohol-based hand rub or soap and water.

Replace the mask with a new one as soon as it is damp and do not re-use single-use masks.

To remove the mask: remove it from behind (do not touch the front of mask); discard immediately in a closed bin; clean hands with alcohol-based hand rub or soap and water.

## **Screening**

### **Management of contacts**

People who may have been exposed to individuals with suspected COVID-19 (including healthcare workers) should be advised to monitor their health for 14 days from the last day of possible contact, and seek immediate medical attention if they develop any symptoms, particularly fever, respiratory symptoms such as coughing or shortness of breath, or diarrhoea. Some people may be put into voluntary or compulsory quarantine depending on the guidance from local health authorities.

### **Screening of travellers**

Exit and entry screening may be recommended in some countries, particularly when repatriating nationals from affected areas. Travellers returning from affected areas should self-monitor for symptoms for 14 days and follow local protocols of the receiving country. Some countries may require returning travellers to enter quarantine. Travellers who develop symptoms are advised to contact their local health care provider, preferably by phone.

GOVERNMENT OF INDIA  
OFFICE OF THE DIRECTOR GENERAL OF CIVIL AVIATION  
OPPOSITE SAFDARJUNG AIRPORT, NEW DELHI-110003

No. 4/1/2020-IR  
Dated: 03-03-2020

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CIRCULAR

**Subject : Travel restrictions related to COVID 19.**

In supersession of all earlier advisories issued on the subject, it has been decided that:

- 1) All Regular/e-Visas/ issued to nationals of Italy, Iran, South Korea and Japan issued on or before March 03, 2020 and who have not yet entered India, stand suspended with immediate effect. They may not enter India from any air, land or seaport ICP. Those requiring to travel to India due to compelling reasons, may seek fresh visa from nearest Indian Embassy/Consulate.
- 2) Regular/e-Visa issued to nationals of Peoples Republic of China issued on or before February 05, 2020 were suspended earlier, which shall remain in force. Such Chinese nationals may not enter India from any air, land or seaport ICP. Those needing to travel to India under compelling circumstances, may apply for fresh Visa to nearest Indian Embassy/Consulate.
- 3) Regular/e-Visas issued to all other foreign nationals who have travelled to Peoples Republic of China, Iran, Italy, South Korea and Japan, on or after February 01, and who have not yet entered India, stand suspended with immediate effect. Such foreign nationals may not enter India from any air, land or seaport ICP. Those requiring to travel to India under compelling reasons may apply for fresh visa to nearest Indian Embassy/Consulate.
- 4) Diplomats, officials of UN and other International bodies, OCI cardholders and aircrew from above countries are exempted from such restrictions on entry. However, medical screening is compulsory.
- 5) All foreign and Indian nationals entering into India from any port, are required to furnish duly filled self-declaration form including personal particulars and travel history to Health officials and Immigration officials at all ports.

6) Passengers (foreign and Indian) arriving directly or indirectly from China, South Korea, Japan, Iran, Italy, Hong Kong, Macau, Vietnam, Malaysia, Indonesia, Nepal, Thailand, Singapore must undergo medical screening at port of entry.



(Sunil Kumar)  
Deputy Director General

To

1. All International Airport Operators in India.
2. All Scheduled Airlines operating flights to/from Italy and Iran.

Copy to:

3. Smt. Rubina Ali, Joint Secretary, M/o Civil Aviation, Rajiv Gandhi Bhawan, New Delhi.
4. The Chairman, Airports Authority of India.
5. APHO, Indira Gandhi International Airport, New Delhi.



No. IIT Mandi/2019-nCoV/2019-20/Spl.01

Dated : 14.03.2020

**NOTIFICATION**

To add to preventive measures and to avoid affects of coronavirus, the following decisions taken by IIT Mandi are notified for compliance by the fraternity of the Institute:

- a) Students and faculty are advised to cancel the international travels till 15<sup>th</sup> April, 2020. It is also advised to avoid national travels as much as possible during this period.
- b) The organization of academic conferences scheduled to be held before 30<sup>th</sup> April and other events involving external participants and students' events and functions expected to attract gathering of more than 10 participants from outside should be postponed till further notice.
- c) Campus residents going outside the Mandi town should visit the health centre immediately after their return and fill up a self-declaration form and follow the instructions given by the health centre officials. Records of the filled form to be kept at health centre till situation improves.
- d) All members of the campus community are advised to read and follow the preventive measures circulated by the Medical Officer on 6<sup>th</sup> March, 2020 and any subsequent instructions circulated from time to time.

(C.L.Sharma)  
Registrar I/c

Copy to:

- i)The Director Secretariat for information of the Director.
- ii)The Registrar Office.
- ii)All Deans; iii)FAO/DR(A&L)/Dy. Librarian/ARs.
- iii)To be notified through e.mail to Faculty/staff/students.

**NOTIFICATION**

In continuation of our efforts to contain the spread of Corona virus and in line with the instructions of Government of Himachal Pradesh, it is notified that:

1. All the classes and examinations till 31<sup>st</sup> March, 2020 shall remain suspended.
2. (a) Students of the course based programmes such as B.Tech, M.Sc., MA and M.Tech. who are belonging to the nearby states such as Himachal Pradesh, Jammu & Kashmir, Delhi NCR, Haryana, Punjab, Rajasthan, Madhya Pradesh, Uttarakhand, Uttar Pradesh, Jharkhand, Chattisgarh, Chandigarh (UT) and Gujarat will be required to leave the campus and vacate the hostels by 17<sup>th</sup> March, 2020 and follow the advisories issued by Health Ministry from time to time and avoid unnecessary contact with each other.  
  
(b) Students belonging to distant states (which are not mentioned above) will be permitted to stay back if they wish so, provided they follow the health advisories mentioned above. In such cases an undertaking in the prescribed format need to be submitted to Dean Students for approval.  
  
© Students who are engaged in urgent project work that cannot be done remotely or whose home is in a city that is seriously affected by Corona virus may request permission to stay on campus with justification and recommendation of the concerned project advisor.
3. Ph.D and MS students who are working on their thesis work will be permitted to stay back if they wish so, provided they follow the health advisories mentioned above. If they want to leave the campus, request can be submitted with the permission of the research advisor.
4. Based on the continuous assessment of the situation, further advisories/notifications will be issued by the Institute for the information of all concerned (students, faculty and staff).
5. Dean (Academics) will explore options for online teaching. If suitable modalities are worked out, instructions may be resumed remotely.

(C.L.Sharma)  
Registrar I/c

**Copy to:**

- i) The Director Secretariat for information of the Director;
- ii) The Registrar;
- iii) All Deans;
- iv) To be notified through e. mail to students/faculty/staff.





**Date: 16 March, 2020**

**MoM regarding preventive measures to be implemented in view of COVID-19**

**Agenda:** Action to be taken by various contractors and service providers to prevent the outbreak of COVID-19 at IIT Mandi campus.

**Meeting Date:** 16-03-2020

**Venue:** Office of the Dean (I&S), South Campus, IIT Mandi

The following personnel were present in the meeting:

1. Prof. S.C. Jain, Dean (I&S)
2. Dr. Kaustav Sarkar, Associate Dean (Infra)
3. Er. Sunil Kapoor, (SE)
4. Sh. Suresh Kumar Rohilla, AR (S&P)
5. Sh. Hardeep Singh, (SO)
6. Er. Swapnil Pathak (SE, CPWD)
7. Er. Rajvir Singh, (EE, CPWD)
8. Er. Sohan Lal (GM, NBCC)
9. Er. Akshit Chandel (DPM, NBCC)
10. Mr. Ashok, (OA, Housekeeping)

**Recommendations:**

**For NBCC & CPWD:**

1. To regularly instruct and sensitize all site staff and manpower regarding the preventive measures to be taken to avoid an outbreak and to report instances of people with symptoms at the earliest
2. Poster-display of precautionary measures/symptoms as obtained from State and National agencies at appropriate places to improve awareness
3. Regular provision of items, such as, face mask, sanitizer/hand wash/soap, gloves, etc. to site staff and manpower to ensure safety
4. Creation of an information desk to record the travel details of all personnel who are coming/returning from locations outside the town



5. To deploy thermal imagers/infrared thermometers to assess body temperature of all manpower during attendance

**For Construction & Maintenance Wing, IIT Mandi:**

1. To regularly instruct and sensitize all manpower regarding the preventive measures to be followed
2. To ensure cleanliness & hygiene in campus and at working sites
3. Personnel with symptoms should be immediately directed to consult the health center
4. To ensure that, sanitary items, such as, hand wash/soap/sanitizer etc. are available to all staff

**For Housekeeping Service, IIT Mandi:**

1. To regularly instruct and sensitize all manpower regarding the preventive measures to be followed
2. To ensure the usage of face mask & hand gloves whenever necessary
3. To avoid prolonged gathering of more than ten people during the distribution of consumables
4. To ensure that, sanitary items, such as, hand wash/soap etc. are available to all staff

**For Security Service, IIT Mandi:**

1. All security personnel should be made aware of the situation and of the preventive measures to be followed
2. Security staff should be vigilant towards identifying visitors/daily dwellers with symptoms and report them for appropriate action
3. To ensure provision of face masks to staff who are suffering from cold/sneeze
4. To ensure that prolonged gathering of more than ten people is avoided

**For Transport Service, IIT Mandi:**

1. All vehicles should be properly sanitized on a regular basis and cleanliness should be maintained. The faculty-i/c should finalize the details in consultation with the MO.



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**Indian Institute of Technology Mandi**  
**MANDI- 175 005 (H.P.), INDIA**  
[www.iitmandi.ac.in](http://www.iitmandi.ac.in)

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2. Pamphlets displaying preventive measure should be put up in the buses
3. The seat reservation e-mail should also incorporate suitable advisories

**For Mess/Canteen/Commercial Establishment Contractors, IIT Mandi:**

1. Instructions related to health and heigenstandards and other State/GOI advisories should to be issued to the contractors by the Dean of Students and Chairman (commercial establishments) as applicable.
2. The mess hygine committee should carry out inspections at a frequency of two times per week and initiate immediate action whenever necessary

No. IIT Mandi/RO-01/2019/15862 - 15866

Date: 19.03.2020

**NOTIFICATION**

In continuation of Notification number: IITMandi / 2019-nCoV / 2019-20 / Spl.01 dated 14.03.2020, following measures have been taken by the Competent Authority to prevent spread of Corona Virus in the IIT Mandi Campus with immediate effect:

1. The B-26 building at North Campus has been designated as quarantine facility at IIT Mandi for all campus residents/visitors who may be carrying the infection (such as those returning from one of the affected countries, see WHO list and in India from states like **Maharashtra and Kerala where many cases has been detected as of now**). <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports>
2. Other campus residents/visitors coming from within India will be quarantined (**except Maharashtra and Kerala**) in the hostel for students, at home for staff and faculty.
3. Local travel within Mandi district is at present exempted from the requirement of quarantine.
4. An "**Information cum Screening counter**" will be set up by Health Centre outside B-26 building adequately equipped for required basic screening facility and to record self declaration of student/resident/visitor. The persons returning from the areas mentioned above will be screened and quarantined at IIT Mandi for 15 days.
5. All campus residents are requested to avoid inviting outside guests. Entry of personal guests and visitors of faculty, staff and campus residents at IIT Mandi Campus is restricted and subject to above requirements of Quarantine.
6. Visitors are allowed to enter campus only if it is absolutely necessary as shown by a letter from Chair/Head of School, Centre or Section.
7. All activities that involve visitors from outside are being cancelled with immediate effect till further notice.
8. The details of Guests entering Campus must be provided immediately to the Institute Medical Officer ([dr.chandersingh@iitmandi.ac.in](mailto:dr.chandersingh@iitmandi.ac.in)) and the official as follows:
  - a) Guests of Faculty: Ms. Monika Kashyap ([ssfacs@iitmandi.ac.in](mailto:ssfac@iitmandi.ac.in))
  - b) Guests of Staff: Ms. Shelika ([aradmin@iitmandi.ac.in](mailto:aradmin@iitmandi.ac.in))
  - c) Guests of Students (if any): Mr. Pavin Samuel ([pavinaas@iitmandi.ac.in](mailto:pavinaas@iitmandi.ac.in))
  - d) Guests of Project Staff: Mr. Parminder Jit ([arsric@iitmandi.ac.in](mailto:arsric@iitmandi.ac.in))
9. All health advisories as published by the Government (agencies) may be followed by all campus residents in order to prevent spread of viral infection in the campus.

  
19/03/20  
(K.K. Bajre)  
Registrar

**To:**

- i) The Director
- ii) Deans, Chair of Schools
- iii) Medical Officer/ Security Officer
- iv) Institute Website

**Copy to:** All Faculty, Staff, Students, Campus residents (by email)